

WEEK 1

WEEK COMMENCING

15 April, 6 May, 27 May, 17 June, 8 July,
29 July, 19 Aug, 9 Sept, 30 Sept

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.

AVAILABLE DAILY: Best of both bread **Gluten, Soya** fresh fruit. Vegetarian meals available upon request



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN

Jacket potato with cheese **Milk** baked beans & salad

Nottinghamshire sausage & gravy **Gluten Sulphur Dioxide**

Cheesy tomato pasta **Gluten Mustard Soya Milk**

Roast Gammon & Pineapple

MSC fish finger wrap **Gluten Fish**

SIDES

Cheese **Milk** baked beans & salad

Yorkshire pudding **Milk Egg Gluten**
Mashed potato
carrots & broccoli

Garlic bread **Gluten Soya Milk**
& vegetable sticks

Roast potatoes, carrots batons & broccoli

Oven chips
garden peas
or baked beans

PUDDING

Strawberry mousse **Milk**

Marble Sponge **Gluten Egg**
with custard **Milk**

Crispy lemon tart with custard **Gluten Egg Milk**

Ice-cream tub **Milk**

Butterscotch tart **Gluten Milk**



Nottinghamshire
County Council

WEEK 2

WEEK COMMENCING

22 April, 13 May, 3 June, 24 June, 15 July,
5 Aug, 26 Aug, 16 Sept, 7 Oct

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.

AVAILABLE DAILY: Best of both bread **Gluten, Soya** fresh fruit. Vegetarian meals available upon request



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Margherita pizza Gluten Soya Milk	Vegan sausage roll Gluten	Pasta Neapolitan Gluten Soya Milk Mustard	Roast pork, stuffing & gravy Gluten	MSC Youngs fish fingers Gluten Fish
SIDES	Herby diced potatoes sweetcorn & coleslaw Egg	Potato balls garden peas & baton carrots	Garlic bread Gluten Soya Milk & crunchy vegetables	Roast potatoes Yorkshire pudding Milk Egg Gluten fresh cabbage & carrots	Oven chips, garden peas or baked beans
PUDDING	Chocolate & orange muffin Gluten Egg	Shortbread cookie Gluten	Honey cake Milk Egg Gluten & custard Milk	Jelly & shortbread finger Gluten	Apple flapjack Gluten



Nottinghamshire
County Council

WEEK 3

WEEK COMMENCING

29 April, 20 May, 10 June, 1 July, 22 July
12 Aug, 2 Sept, 23 Sept, 14 Oct

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.

AVAILABLE DAILY: Best of both bread **Gluten, Soya** fresh fruit. Vegetarian meals available upon request



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN

Quorn dippers wrap
Gluten

Spaghetti Bolognese
Soya Fish Gluten Mustard

Pork burger in a bun
Soya Milk, Egg, Gluten Sesame Sulphur dioxide

Roast chicken, stuffing
Gluten & gravy

MSC battered fish
Fish Gluten

SIDES

Baby roast potatoes
carrot sticks
& fresh coleslaw **Egg**

Crusty bread
Gluten Sesame
& sweetcorn

Jacket wedges
& vegetable sticks

Roast potatoes
Yorkshire pudding
Milk Egg Gluten
fresh broccoli & carrots

Oven chips
garden peas
or baked beans

PUDDING

Noah's apple sponge
Egg Gluten with custard **Milk**
Recipe from a pupil at
Mapperley Plains primary school

Chocolate brownie
Gluten

Frozen yoghurt
Milk

Strawberry shortcake
Milk Gluten

Chocolate crispy **Gluten**
with strawberry
milkshake **Milk**



Nottinghamshire
County Council